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*much of this advent calendar was inspired by the United Church of Canada's "advent unwrapped" series

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| <p>29 Light the 1st Advent candle, giving thanks for Jesus our HOPE</p> | <p>30 Ask a loved one how you can pray for them this week.</p> | <p>1 Read Psalm 80:1-7</p>  | <p>2 Send a card to a role model</p> | <p>3 Pray for those who are looking for signs of hope and new life</p> | <p>4 Pick up litter in a local park. Remember to wear gloves.</p> | <p>5 Pray for or donate to a charity</p>  |
| <p>6 Light the 2nd candle, giving thanks for Jesus, the Prince of PEACE</p> | <p>7 Surprise someone with a treat</p>  | <p>8 Pray for those who are lonely and in need of companionship</p> | <p>9 Read Psalm 85:8-13</p>  | <p>10 Sing one of your favourite Carols</p> | <p>11 Do a kind deed for someone else.</p> | <p>12 Pray for the wisdom to find paths to peace.</p>  |
| <p>13 Light the 3rd Advent candle, giving thanks for Jesus, JOY of the world.</p> | <p>14 Have a dance party to your favourite carol</p>  | <p>15 Offer to help a friend or family member do a chore</p> | <p>16 List five things that bring you joy</p> | <p>17 Read Psalm 126</p>  | <p>18 Pray for yourself and the gifts you bring to your community</p> | <p>19 Give an unexpected compliment</p> |
| <p>20 Light the 4th Advent candle, giving thanks for Jesus, LOVE made known.</p> | <p>21 Read Psalm 89:1-4</p>  | <p>22 Have dinner by candlelight</p>  | <p>23 Tell someone what you love about them.</p> | <p>24 Make a list of five things you are thankful for</p> | <p>25 Christmas is here! Pray for or donate to the work of PWS&D</p>  |  |

**HOPE
&
PEACE**



**JOY
&
LOVE**